

Gwinnett County Cross Country Meet
Saturday, September 12, 2020
International Horse Park, Conyers, GA

8:00 a.m.-Varsity Boys
8:20 a.m.- Varsity Girls
8:40 a.m. – Championship J.V. Boys
9:00 a.m. – Championship J.V. Girls
9:30 a.m. – Open J.V. Boys
10:00 a.m. – Open J.V. Girls

Team Awards

- Top 4 Teams will receive plaques in the Varsity Races
- Top 3 Teams will receive plaques in the Championship J.V. Races
- No Team awards for open races

The following athletes are in the varsity race. Varsity athletes should text Coach Rowland when they are heading to the meet. The meet is approx. 1 hour from North Gwinnett.

Boys (8:00am) Varsity Boys Gold: **Collett, Drane, Hambacker, Maron, Pothoulakis, A.Streleckis, Vacha**

Girls (8:20am) : **Clabaugh, Gazzara, Lewis, T.Meyer, Robertson, Snyder, Tilson**

The following athletes are in the Division 1 J.V. race (arrive at 7:30 a.m.):

Championship J.V. Boys (8:40am): **Kuelpman, Maddox, Martin, McDonald, Mitchell, Niemann, Hankins, Robertson, Sheth, Dzikowski, Johnson**

Championship J.V. Girls (9:00am): **Brink, Dasher, H.DuPree, Jones, K.Lewis, A.Meyer, Maxfield, Phelan, Pope, I.Porter, Vlasoff**

9:30 a.m. – Open J.V. Boys **ALL other JV Boys Runners**

10:00 a.m. – Open J.V. Girls **ALL other JV Girls Runners**

JV runners: Please arrive at least 1:00 minutes before your scheduled race:

Coach Rowland's cell: 404-665-7748

Coach Stanfield's cell: 770-654-3600

Coach Storm's cell: 678-662-0692

Make sure to bring: UNIFORM, EXTRA SOCKS, RACING SHOES (if you own them), WATER BOTTLE AND DON'T WEAR JEWELRY!! DO NOT SHOW UP IN FLIP FLOPS EITHER. No metal is to be worn in hair or anywhere. You may wear your watch.

Everyone MUST be at the tent 1 hour before their race. If you are not AT THE TENT 1 hour before your race, you run the risk of not racing! This is for your safety to prevent injuries by not being properly prepared for a race. Everyone is expected to stay until the awards ceremony is over.

Admission: \$5.00 Adults, \$3.00 for students

***Please tell your parents that there is an admission charge.**

In years past, our parent volunteers have been caught off guard by uninformed parents about the admission fee and where the money is going. Please get the word out sooner than later about the admission fee.

Admission money and Entry Fee Money go towards:

- **Port A Johns**
- **Awards**
- **Plaques for the Runners of the Week for the County**
- **Setting up the courses (Paint, Marking the course, stakes, flags)**
- **County Website (\$300 annual Fee for the website)**
- **Security at County Meet**
- **Entry and Results for the County Meet**
- **Envelopes/Pins/Numbers/Index Cards**
- **Cups, Garbage bags**

**DIRECTIONS: Georgia International Horse Park
1996 Centennial Olympic Parkway
Conyers, GA 30013**

Take Exit 82 off Interstate 20 in Conyers. Travel North approximately 4 miles. Turn right onto Centennial Olympic Parkway. The main entrance to the Park is 2 miles ahead on the right.

An alternative route to the Park is via Salem Road (Exit 84) off Interstate 20. Take Exit 84 and travel North approximately 1 mile. At Gees Mill Road, turn right and the Georgia International Horse Park Gate A is 2.5 miles on the right. To continue to the main gate (Gate C), continue past Gate A and turn right at the stop sign onto Centennial Olympic Parkway. The main entrance will be on your right.

Alternate Route (Non Interstate) GA 20 East to right on Rosebud. Continue on to Miller's Bottom Road (formerly Rosebud). Turn right on GA 138 West to left on to Costley Mill Rd. Take a right on Gees Mill road then your 1st left to stay on Gees Mill Road. Follow signs to race.